

ADULT DEPRESSION SERVICES

REGIONAL

Aurora Psychiatric Hospital
(414) 773-4312

1220 Dewey Ave., Wauwatosa, WI 53213

Substance use treatment; Mental Health treatment, Treatment for co-occurring substance use plus either serious mental health illness in adults/ serious emotional disturbance in children.

Aurora Behavioral Health Center
920-838-3650

1221 North 26th St, Sheboygan, WI 53081

Substance use treatment; Mental Health treatment, Treatment for co-occurring substance use plus either serious mental health illness in adults/ serious emotional disturbance in children.

American Behavioral Clinics
414-877-4570

1240 West Ranchito Lane, Mequon, WI 53092

Substance use treatment; Mental Health treatment, Treatment for co-occurring substance use plus either serious mental health illness in adults/ serious emotional disturbance in children.



Lakeshore Community Health Care
920-783-6633

1721 Saemann Ave, Sheboygan, WI 53081

Mental health screenings, brief consultations during medical exams, traditional counseling and therapy.

Rogers Behavioral Health
833-308-5887

1108 S. Wildwood Ave, Sheboygan, WI 53081

Independent provider of mental health and addiction treatment services.

Granite Hills
414-667-4800

1706 S. 68th Street, West Allis, WI 53214

Inpatient and outpatient mental and behavioral health services for adolescents and adults.

Elevate Inc. Walk-In Crisis Services

Face-to-face crisis intervention services for
Sheboygan County residents

Monday-Sunday

8am to 9pm

1426 N. 5th Street, Sheboygan, WI 53081

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NATIONAL

Academy of Cognitive & Behavioral Therapies

<https://www.academyofcbt.org/>

American Psychiatric Association

<https://www.psychiatry.org/patients-families/depression>

Association for Behavioral and Cognitive Therapies

<https://www.abct.org/>

Anxiety & Depression Association of America

<https://adaa.org/>

National Network of Depression Centers

<https://nndc.org/resource-links/>

Rula

<https://www.rula.com/>

NATIONAL SUICIDE PREVENTION LIFELINE

24/7 free and confidential support for people in suicidal crisis or emotional distress.

988

www.suicidepreventionlifeline.org

24/7 CRISIS TEXT LINE

24/7 free emotional support text line.

Text "MHA" to 741741



ONLINE

NAMI Manitowoc County

<https://namimanitowoccounty.org/>

Charlie Health

<https://www.charliehealth.com/>

BetterHelp

<https://www.betterhelp.com/>

Depression and Bipolar Support Alliance

<https://www.dbsalliance.org/>

Brightside Health

<https://www.brightside.com/>

Behavioral Health Clinic

<https://wibehavioralhealth.com/>

ShareWell

<https://sharewellnow.com/>