MHA LAKESHORE - INFORMATION & ASSISTANCE

EMOTIONAL SUPPORT & CRISIS RESOURCES

SHEBOYGAN COUNTY MOBILE CRISIS TEAM

24/7 mental health emergency and suicide prevention support.

(920) 459-3151

NATIONAL SUICIDE PREVENTION LIFELINE

24/7 free and confidential support for people in suicidal crisis or emotional distress.

Dial 988 or (800) 273-8255

www.suicidepreventionlifeline.org

24/7 CRISIS TEXT LINE

24/7 free emotional support text line.

Text "MHA" to 741741

*If you call **911** for a mental health emergency, ask for an officer that has completed **Crisis Intervention Training (CIT)**. These officers have had additional training in working through crisis situations.

NATIONAL CHILD ABUSE HOTLINE

(800) 422-4453

www.childhelp.org

NATIONAL DOMESTIC VIOLENCE HOTLINE

(800) 799-SAFE (7233)

Text "START" to 88788

www.thehotline.org

PRISM PROGRAM

Free/confidential LGBTQ+ support

Call or text Call (414) 336-7974

mhawisconsin.org/prism

TRANS LIFELINE

(877) 565-8860

www.translifeline.org

THE TREVOR PROJECT

Text "START" to 678-678

(866) 488-7386

www.thetrevorproject.org

RAPE, ABUSE & INCEST NATIONAL NETWORK (RAINN)

(800) 656-HOPE (4673)

www.rainn.org

VETERANS CRISIS LINE

(800) 273-8255 and press 1

Text 838-255

www.veteranscrisisline.net

Please see reverse side for additional support resources.

*To search & print portions of MHA Lakeshore's complete Community Mental Health Directory for therapists and organizations, please visit MHA's website at **www.mhalakeshore.org**.*

MHA Mental Health America Lakeshore

MHA LAKESHORE - INFORMATION & ASSISTANCE

EMOTIONAL SUPPORT & CRISIS RESOURCES

AURORA MEDICAL CENTER-SHEBOYGAN COUNTY

3400 Union Avenue *(Union Ave. & Taylor Dr.)*
Sheboygan, WI 53081
(920) 802-2100
bit.ly/ShebCoAuroraMedical

HSHS ST. NICHOLAS HOSPITAL

3100 Superior Avenue
Sheboygan, WI 53081
(920) 459-8300
www.stnicholashospital.org

Individuals struggling with a mental health emergency are always encouraged to present themselves at the nearest hospital. *Please note: Aurora has an inpatient behavioral health unit.

ROGERS BEHAVIORAL HEALTH

(800) 767-4411
www.rogersbh.org

WILLOW CREEK BEHAVIORAL HEALTH

(844) 308-5050
www.willowcreekbh.com

Both facilities have programs designed to support individuals who are struggling. Both support inpatient and outpatient programs and can work with a range of ages.

SAFE HARBOR OF SHEBOYGAN

24-7 helpline, shelter, and support services for victims of domestic violence and/or sexual assault.

(920) 452-7640
www.sheboygansafeharbor.org

SHEBOYGAN CO. HEALTH & HUMAN SERVICES

Information & assistance for HHS & community resources.

(920) 459-6400
bit.ly/ShebCoHHS

MENTAL HEALTH AMERICA LAKESHORE

Information & confidential referrals to local mental health resources.

there is HOPE
Annual Suicide Awareness & Prevention Walk

(920) 458-3951
info@mhalakeshore.org
www.mhalakeshore.org

MHA Mental Health America Lakeshore